

Bringing or Importing Medicine into Japan for Personal Use

The following information is for those individuals wishing to import or bring medicine into Japan for personal use only. Medicine imported or brought into Japan must not be sold or given to others.

Please note:

- **IMPORT OF STIMULANTS (this includes some cold & flu medication) is PROHIBITED by the Stimulants Control law.**
- **Import of drugs containing the following substances is restricted; rhinoceros horn, musk, tiger bones, fel ursi etc...**

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The following chart will help you to work out whether or not you need to apply for permission to import/bring your medication into Japan.

Start at 'Will you be in Japan for longer than 1 month?' and follow the directions given on the chart

Will you be in Japan for longer than 1 month?

YES

NO

Will you be taking one or more of the below into Japan?

- more than 1 month supply of prescription medication
- More than 2 month supply of non-prescription medication
- More than 4 month supply of vitamins
- Cosmetics of more than 24 pieces per product
- More than 1 set on any medical device (eg electric massager etc)

YES

NO

Will you be taking one or more of the below into Japan?

- Narcotics (including medicine containing codeine)
- Psychotropic medication

YES

NO

You must apply for permission to import/bring medicine into Japan.

If you are taking narcotics please fill out the 'NARCOTICS APPLICATION FORM'
For all other medication please fill out the 'MEDICINE APPLICATION FORM'
See instructions on the following pages.

No application for permission to import medication into Japan is needed. It is recommended that you carry doctors letters or prescriptions with any medicine that you are taking into Japan.

DO I NEED PERMISISON TO IMPORT/CARRY MY MEDICINE INTO JAPAN?

After having followed the chart on the previous page if you are still concerned as to whether or not you need to apply for permission for your medication, you may wish to enquire with the Ministry of Health, Labour and Welfare directly.

On the following page is an 'Enquiry Form' written in Japanese that you can fill out and fax to the Ministry. The Ministry will then reply to your enquiry directly.

The following is an un-official translation of the Japanese text from the 'Enquiry Form';

Permission to Import/Bring Medicine into Japan Certificate Enquiry Form

Kanto-Shinetsu Health and Welfare Bureau
Saitama Shintoshin National Government bilding No.1, 7F
1-1 Sintoshin, Chuo-ku, Saitama City, JAPAN 330-9713
TEL +81-48-740-0800 FAX +81-48-601-1336

To Whom It May Concern

I am planning to visit Japan from (*departure date, year/month/day*) to (*return date, year/month/day*). At this time I would like to take the medicine, as listed below, to Japan from Australia. Can you please confirm for me whether or not I require permission to import/carry this medicine into Japan.

Thank you.

Contact Details

Product Explanation

ENQUIRY FORM
薬監明証の問い合わせ

〒330-9713

埼玉県さいたま市中央区新都心 1-1 さいたま新都心合同庁舎 1 号館 7 階

関東信越厚生局

TEL +81-48-740-0800 FAX +81-48-601-1336

前略

_____年____月____日から_____年____月____日まで、
(departure date, year/month/day) (return date, year/month/day)

日本に滞在を予定しています。その際、以下の薬をオーストラリアから日本に持ち込むことを希望しています。つきましては、以下の薬に薬監証明が必要かどうか確認していただけますでしょうか。

宜しくお願い申し上げます。

敬具

連絡先 (contact details)

名前 (name)			
住所 (address)			
電話番号 (phone number)		FAX 番号 (fax number)	

商品説明 (product explanation)

商品名 (name of product)	
製造元名称及び国名 (name of manufacturer and country of origin)	
化学名、一般的名称又は本質 (chemical name active ingredient name)	
構造式及び剤型成分分量 (ingredients and quantities)	
効能又は効果 (intended health effects, eg aspirin = decrease pain)	
規格 (specifications, eg. tablets, liquid, needle)	
入国地 (point of entry into Japan, eg. Narita)	